

## How to Take A Cling Film Head Shape

### You Will Need:

1. Cling film
2. Sellotape
3. Marker Pen

### You May Need:

1. Kirby Grips
2. Stocking Cap
3. Water Spray/Hair Gel

### Preparation

Before you can take a cling film head shape, the hair must first be prepared. The same method of hair preparation needs to be used when taking a cling film head shape, as when the wig comes to be worn. This enables the best fit possible. For correct hair preparation methods see our fact sheet '*How to Prep Hair for Lace and Acrylic Wigs*'

### Process

1. Take a large piece of cling film and place it on the person's head as if they were wearing a rain hood.
2. Get them to hold the ends of the cling film under their chin.
3. Ensure that the cling film covers their forehead and nape area. Use more cling film if required.
4. Using the sellotape in strips, cover the head ensure to go at least an inch below the front hair line.
5. When the cling film is completely covered with sellotape, use a marker to draw the hairline all around the head.
6. Make sure to mark around the ears.
7. Cover the marked out hairline with sellotape.
8. Write the person's name on the shape and cover it with sellotape. This ensures the name and hairline won't smudge.
9. Removes the shape from the head. It is best to slide it off the head backwards.
10. If you struggle to remove the shape, mark a horizontal line on the back of the head shape towards the nape.
11. Cover this line with sellotape.
12. Carefully make a slit up the back of the shape, going through the horizontal line.
13. Once the head shape is removed sellotape the shape back together, using the horizontal line as a guide.